## BROWN INSTITUTE MARTIAL ARTS











KIDS	MON	TUES	WED	THURS	FRI	SAT
Kids ICS (Open all belts)	4:00pm-5:00pm	5:00pm-6:00pm	4:00pm-5:00pm	5:00pm-6:00pm		9:30am-10:30am
Kids — Mighty Mites (Age 4-6)	5:00pm-5:30pm		5:00pm-5:30pm			

ADULTS	MON	TUES	WED	THURS	FRI	SAT
Muay Thai AM	11:00am-12:00		11:00am-12:00		11:00am-12:00	10:30am-11:30
Muay Thai PM	6:30pm-7:30pm	6:00pm-7:00pm	6:30pm-730pm	6:00pm-7:00pm		
Gracie Brazilian Jujitsu	7:30pm-8:30pm	7:00pm-8:00pm	7:30pm-8:30pm	7:00pm-8:00pm		
Pencak Silat Mande Muda Kali/Escrima	5:30pm-6:30pm		5:30pm-6:30pm			
ICS Adults		6:00pm-7:00pm		6:00pm-7:00pm		